



About the Fuel Up to Play 60 Program Advisor

Does your school have a Fuel Up to Play 60 Program Advisor yet?

You should! Only schools with one or more Program Advisors can apply for funding and earn many of the program rewards.

Program Advisors

- Help their schools activate the program and earn rewards
- Engage and empower students to implement Fuel Up to Play 60
- Encourage other adults in the school to get involved

Only a Program Advisor can

- Check off your school's completed Six Steps Milestones on your Dashboard
- Download **rewards** on the Dashboard when milestones are completed
- Make your school eligible to apply for Funding for Fuel Up to Play 60
- Make your school eligible for Fuel Up to Play 60 **Activation Reward drawings** (October – April) and a Recognition Letter and Certificate at the end of the year

Who can be a Program Advisor?

Any enrolled adult can sign up to be the Program Advisor, and schools can have more than one!

What makes a good Program Advisor?

Here's some advice from Lisa Riley, Fuel Up to Play 60 Program Advisor (and Health Teacher) at Enslow Middle School in Huntington, WV. Lisa's school won the *Fuel Up to Play 60 National Competition in 2009-10*.

"The Program Advisor needs to be a motivator, one who knows and cares about their students. One who is dedicated to the success of the program. One who is fair and has good judgment. I think one of the things that made our program so successful was that I picked motivators who weren't just the popular kids. I also picked some shy kids who never had the chance to be leaders of their class and who were not into sports. They were also able to tap into their peers and reach them on a level that others couldn't. The advisor has to be someone who can devote extra time to the program and is committed to its success. And it wouldn't hurt if the advisor is a competitive person, also! *The Program Advisor should be dedicated to the success of the students.*"



What tools can I use to get started?

FuelUpToPlay60.com has everything you need. Check out these tools for a quick overview:

- Quick Start Guide (in the School Wellness Kit, Quick Links on the Welcome page)
- Guided Tour video (in the Game Plan area)

Become a Program Advisor today! Log in to your Dashboard, go to My Team, and sign up!

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Find out if your school has a Program Advisor

- Log in to your Dashboard.



(If you haven't joined Fuel Up to Play 60 yet, do that first. It only takes a minute.)

- Click the "adults" tab in the My Team area to see who's joined your school's program, and their role – either Program Supporter, or Program Advisor.
- If no one is listed as Program Advisor, your school still needs one; click "Make Me a Program Advisor" to sign up.