



## June is Dairy Month!

**This is a mail-in offer only from your Northwest Dairy Farmers and prizes cannot be redeemed at any Fred Meyer retail location.**

**To receive your FREE sling shoulder backpack (in black only) and a naturally Nutritious cook book (while supplies last):**

1. Between May 25th and June 21st, 2011, purchase any brand combination of at least one milk, one cheese and one yogurt item ( 3 real dairy items, minimum or more) during a single shopping trip at your neighborhood Fred Meyer store in Washington, Oregon, Idaho or Alaska.
2. Attach your single Fred Meyer receipt showing milk, cheese, and yogurt purchased and dated May 25th to June 21st, 2011 to an order form found in the Fred Meyer Coupon Book or 3 x 5 card with your name, address, phone number or email address printed on the card.
3. Mail your single Fred Meyer receipt with milk, cheese, and yogurt listed and an order form or 3 x 5 card to: Meet Your Local Dairy Farmer, 4201 198th St SW, Lynnwood, WA 98036.
4. Fred Meyer receipt dated May 25th to June 21st, 2011 and an order form or 3 x 5 card must be received no later than June 30th to qualify.
5. Fred Meyer receipts and order forms received after June 30th, 2011 will not be honored.
6. Backpack and cook book will be shipped to you FREE within 4 weeks of receipt of your order ( while supplies last ).
7. Purchase of non-dairy items will not qualify (soy "milk", rice "milk", almond "milk", etc.)